

SEPTEMBER LUNCH MENU

MONDAY <i>Jason's Deli*</i> Served with Juice	TUESDAY <i>Jason's Deli*</i> Served with Juice/Milk	WEDNESDAY <i>Pizza Fino</i> Served with Juice	THURSDAY <i>Jason's Deli*</i> Served with Chips + Juice/Milk	FRIDAY (FULL DAY) <i>Chick-Fil-A</i> Served with Juice
Meatballa Sandwich Meatballs, Italian red sauce, provolone, toasted on New Orleans French bread. Served with chips.	Macaroni & Cheese	Cheese Pizza	Ham + Cheese Sandwich Nitrite-free ham, American cheese on organic wheat wrap, multigrain wheat or country white.	Chick-Fil-A Sandwich Choose from: original, grilled or spicy. Served with fruit or french fries.
Chicken Pot Pie	Penne Pasta & Meatballs Penne pasta, meatballs, marinara, Asiago, herb focaccia.	Pepperoni Pizza	Turkey + Cheese Sandwich Nitrite-free turkey breast, American cheese, on organic wheat wrap, multigrain wheat or country white.	Chick-Fil-A Sandwich Deluxe Choose from: original, grilled or spicy. Served with fruit or french fries.
Deli Club Ham, roasted turkey breast, bacon, cheddar, Swiss, leafy lettuce, tomato, mayo, on toasted multigrain wheat. Served with chips.	Chicken Alfredo Grilled, 100% antibiotic-free chicken breast, penne pasta, Alfredo sauce, Asiago, herb focaccia.	Veggie or Meat Lovers Pizza	Grilled Cheese Sandwich Bread choice: multigrain wheat or country white.	Chicken Nuggets 8 bite-sized pieces of all breast meat chicken. Choose from: original or grilled. Served with fruit or french fries.
Taco Salad Shredded lettuce, blue corn chips, cheddar, sour cream, guacamole, pico de gallo, Southwest spices, side of salsa, with Chili or Southwest Chicken Chili.	The Plain Jane Potato Cheddar cheese, sour cream, butter, bacon, green onions on a baked potato. (May omit toppings)	Made to Order Pizza	Peanut Butter + Jelly Sandwich Organic peanut butter and organic jelly on multigrain wheat or country white.	Market Salad Sliced grilled chicken breast served on a fresh bed of chopped Romaine lettuce and baby greens, topped with shredded red cabbage and carrots, crumbled blue cheese and a mix of red and green apples, strawberries and blueberries. Served with Harvest Nut Granola, Roasted Nut Blend. Dressing: Zesty Apple Cider Vinaigrette, Light Balsamic Vinaigrette, Fat Free Honey Mustard, or Ranch.

PLEASE WRITE IN YOUR DAILY SELECTION BELOW

2nd-6th	LABOR DAY			
9th-13th				HALF DAY FRIDAY
16th-20th				FACULTY FUN LUNCH: TACO BAR
23rd-27th			FIELD TRIP: ELEMENTARY	HALF DAY FRIDAY
30th				

**Jason's Deli Menu Items May Be Ordered on Any Day Serving Jason's Deli*

TOTAL DUE: \$ _____ AMOUNT PAID: \$ _____ CASH OR CHECK # _____

Please include exact cash or a check made payable to Rainard School. No Refunds.

*** ORDERS MUST BE PLACED A WEEK IN ADVANCE ***

NAME: _____